

“REST & RESTLESSNESS
Isaiah 56-57

How do you rest?

Rest as a key subject in the Bible.

1. WE FIND TRUE REST WHEN WE TRUST AND OBEY GOD WHICH RESULTS IN BLESSING (56:1-8; 57:2)

Rest is found in trust & obedience

Committed to obedience (v. 2) – See also 1 Sam 15:22; Prov 21:23; Hos 6:6; Mt 22:37-40

Observing the Sabbath faithfully (v. 2) – See also Exod 20:8; Col 2:13-17; Heb 4; Rom 14; Acts 2, 18-20; 20:7; 1 Cor 16:2; Heb 10:24-25; Rom 12:1

Choosing to please the Lord through righteous behavior and faithfulness to the covenant (v. 4) – See also 1 Cor 10:31; Col 3:17; 1 Pt 4:11; 1 Thess 4:1-2

Blessing is found even for the foreigner/outcast who rests in the Lord – See also Deut 23:1; 1 Pt 2; Lk 19:10; Jn 3:14; 12:32

2. WE ARE RESTLESS WHEN WE CHOOSE TO SEEK THE WORLD RATHER THAN GOD WHICH RESULTS IN JUDGEMENT (56:9-12; 57:1, 3-31)

Spiritual desolation plagues the leaders & nation (vv. 9-12) – See also Rom 2

What can we possibly do to bring any sort of spiritual change or moral impact on our world?

- A. Vote
- B. Know the truth & believe it
- C. Be a gospel witness – See also Acts 17

Israel seeks rest in all the wrong places (vv. 3-10; 20-21)

Judgement with hope (vv. 11-19) – See also 2 Pt 3:9, 11, 15