

Shield of Faith Worksheet

| Fiery Dart Temptation | Shield of Faith in what Truth? | My Thought or Action of Obedience |
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| <i>Physical, mental, emotional, spiritual</i> | <i>What does God say?</i> | |
| You are really good at ____; you are popular; people want to be with you; be your friend | 1 Peter 5:6 - Humble yourself ... Prov 18:12 Pride goes before a fall... | Be alert to a proud attitude; have a humble spirit; grateful for what God has been doing in & thru me |
| Tell the white lie ... | Eph 4:25 Don't lie to each other... Prov 10:9 Walk with integrity - walk securely | Tell the truth even if it embarrasses me; I will lose people's trust if I lie |
| A little pornography won't hurt... | 1 Thess 4:3-5 ... keep away from sexual immorality... Prov 7:25-27 - don't let your heart turn aside - she has many victims - dead | Porn is instantly addicting - I will get caught; If I stumble onto something - no second look; be careful where my eyes are in general; |
| God will never forgive me for that..... | 1 John 1:9 - if we confess... He is faithful to forgive... Ps 103:12 as far as "E" is from "W" | I need to believe, accept God's word on it; My standard can not be higher than His. Jesus died for every sin incl that one. |

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| I'm going to criticize that person on social media... | Eph 4:29 - use words that build up not tear down; Prov 18:21 life & death are in the power of the tongue | I will be careful what I say anywhere - it could destroy someone. |
| That was hurtful & unjust to me; I'll get back at | Rom 12:19 Vengeance belongs to God | I'll turn this over to God; write it down with date turned over |
| I need to break that promise / commitment | Prov 6:1-3 If you have ensnared yourself - go talk to the person... | I'll talk to the person I need to break the commitment; I'll ask forgiveness if I have wronged someone not keeping my word... |
| I can't give much to the Lord, I'm saving for my retirement - maybe someday I can give more | Mt 6:21 where your treasure is, there is where your heart will be... Prov 11:24-25 - A generous person grows more wealthy... | I will give generously, maybe go without something else not very necessary |

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| <p>I'm not very good looking like _____; they get all the breaks;</p> | <p>Isaiah 45:9 I am the potter, I am the decision maker about what and how I make a vessel. Ps 73 - I was envious of others..... they have no problems</p> | <p>I'm going to reject body shaming; disfigurement because of birth defect, illness, accident I'm going to accept what God has made me to be...</p> |
| <p>I have it really hard - a lot of problems - God must be punishing me</p> | <p>James 1</p> | <p>Count it joy when I encounter problems - God is at work in me</p> |
| <p>Why can't I have a normal family instead of all these problems</p> | <p>Ps 46:1 God is our refuge & strength. Ps 121:1-2 where does my help come from? from God who made heaven & earth</p> | <p>I will go to God with my problems and feelings - He is with me no matter what.</p> |